

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Helping Hands 10:00 Celebrating The New Year (reading) 11:45 New Year Dinner 1:30 St. Paul Lutheran church service 2:30 New Years Celebration! <i>New Year's Day</i>	2 8:00 Rose Parade 8:45 Helping Hands 10:30 Chair Aerobics 1:15 Taking down Christmas decorations 3:00 A Month to Remember	3 8:30 Beauty Shop opens 8:45 Helping Hands 9:30 Toast and Coffee 11:00 Reflect and Refresh 1:15 Cards for Solders 4:30 Fit to be Strong 6:30 Wheel of Fortune	4 8:45 Helping Hands 9:30 Bible Study with Edwin 10:30 Chair Aerobics 1:15 Manicures 2:30 Practice with the Mellowaires 3:30 Stories with Tom 5:30 Dinner party 6:30 Anagrams	5 8:30 Beauty Shop opens 8:45 Helping Hands 10:15 Resident Council meeting 1:15 Sharing ideas for 2012 3:00 Happy Hour 4:30 Young at Heart 6:30 Bingo	6 8:45 Helping Hands 9:30 Headlines and Weather 10:30 Chair Aerobics 1:15 Movie in the Tranquility room 2:00 Celebration of Life 2:30 Cookies and Coffee 3:45 Young at Heart	7 8:45 Helping Hands 9:30 Penny Ante 11:00 Reflect and Refresh 1:15 Bingo 3:00 Hot Chocolate and cookies
8 8:45 Helping Hands 9:45 Young at Heart 1:30 Hope Baptist church service 2:30 Wii games 3:30 Reading from the Guide Post	9 8:45 Helping Hands 9:30 Crafts with The Treasure Chest 10:30 Chair Aerobics 1:15 Red Hatters meet 3:00 January Birthday Celebration!	10 8:30 Beauty Shop opens 8:45 Helping Hands 9:30 Toast and Coffee 11:00 Reflect and Refresh 11:45 Italian Dinner party 4:30 Fit to be Strong 6:30 Wheel of Fortune	11 8:45 Helping Hands 9:30 Bible Study with Edwin 10:30 Yoga 1:15 Manicures 2:30 Practice with the Mellowaires 3:30 Stories with Tom 5:30 Dinner party 6:30 Crossword Puzzle	12 8:30 Beauty Shop opens 8:45 Helping Hands 9:45 Short Stories 1:15 Ladies Bible Study 3:00 Happy Hour 4:30 Fit to be Strong 6:30 Bingo	13 8:45 Helping Hands 9:30 Headlines and Weather 10:30 Chair Aerobics 1:15 Movie in the Tranquility room 3:45 Young at Heart	14 8:45 Helping Hands 9:30 The Ungame 11:00 Reflect and Refresh 1:15 Bingo 3:00 Popcorn Party
15 8:45 Helping Hands 10:00 Star of the Month: Faye Dunaway 1:30 St. Paul church service 1:45 in Room visiting 3:00 Bowling	16 8:45 Helping Hands 9:30 Catholic Communion 10:30 Chair Aerobics 1:15 Manicures 3:00 Front Porch Travels <i>Martin Luther King, Jr. Day</i>	17 8:30 Beauty Shop opens 8:45 Helping Hands 9:30 Toast and Coffee 11:00 Reflect and Refresh 1:15 Making Hummus 4:00 Donna on piano 4:30 Fit to be Strong 6:30 Table Games	18 8:45 Helping Hands 9:30 Bible Study 10:30 Yoga 1:00 Public Library arrives 2:00 ANNUAL SNOWBALL FIGHT 2:30 Cookies and Hot Chocolate 3:30 Stories with Tom 6:30 An Evening of Wine and Cheese	19 8:30 Beauty Shop opens 8:45 Helping Hands 10:00 Bunco 1:15 Reminiscing: Snow 3:00 Happy Hour 4:30 Fit to be Strong 6:30 Bingo	20 8:45 Helping Hands 9:30 Headlines and Weather 10:30 Chair Aerobics 1:15 Devotions: A daily dose of wisdom 3:45 Young at Heart	21 8:45 Helping Hands 9:30 Table Talk 11:00 Reflect and Refresh 1:15 Bingo 3:00 Shopping Cart
22 8:45 Helping Hands 10:00 Treasures of the Heart 1:30 Christian Fellowship church service 2:30 Pie and Coffee 4:00 Young at Heart	23 8:45 Helping Hands 9:30 Catholic Communion 10:30 Chair Aerobics 11:30 Plaid Shirt/Veterans luncheon 3:00 Lighten Up! <i>Chinese New Year</i>	24 8:30 Beauty Shop opens 8:45 Helping Hands 9:30 Toast and Coffee 11:00 Reflect and Refresh 1:15 Word Scramble 3:00 Sally on piano 4:30 Fit to be Strong 6:30 Stories by the fire	25 8:45 Helping Hands 9:30 Bible Study with Edwin 10:30 Yoga 1:15 Manicures 2:30 Practice with the Mellowaires 3:30 Stories with Tom 5:30 Dinner party 6:30 Wheel of Fortune	26 8:30 Beauty Shop opens 8:45 Helping Hands 10:00 Short Stories 1:15 Ladies Bible Study 3:00 Happy Hour 4:30 Fit to be Strong 6:30 Bingo <i>Australia Day</i>	27 8:45 Helping Hands 9:30 Headlines and Weather 10:30 Chair Aerobics 1:15 Movie in the Tranquility room 3:00 Afternoon Tea	28 8:45 Helping Hands 9:30 Coffee and News 11:00 Reflect and Refresh 1:15 Bingo 3:00 Anagrams
29 8:45 Helping Hands 10:00 Headlines and Weather 1:30 Open Door Baptist church service 2:30 Wii games 4:00 Young at Heart	30 8:45 Helping Hands 9:30 Catholic Communion 10:30 Chair Aerobics 1:15 Come and make a snowman! 3:00 Gourmet coffee and tea month. Come have a cup!	31 8:30 Beauty Shop opens 8:45 Helping Hands 9:30 Toast and Coffee 11:00 Reflect & Refresh 1:15 Frost Categories 3:00 Murder on the orient express 4:30 Fit to be Strong 6:30 Table Games	<h1>JANUARY 2012</h1> <h2>Riverside Health Care Center</h2>			